

# LFRQ - Pluguffan - Quimper Pluguffan

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## Airport details

State	Brittany
Country	France
Region	LF
Elevation	291ft (89m)
Timezone	GMT +1
Coordinates	47.97363, -4.17494
Type	land
ICAO code	LFRQ
IATA code	UIP
FAA code	n/a

## Runway info

Runway 10 / 28	
length	2152m (7060ft)
bearing	92° / 272°
width	45m (148ft)
surface	asphalt
displacement threshold	105m (344ft) / 0m (0ft)
blast zone	63m (207ft) / 0m (0ft)

## Communication

Quimper Pluguffan QUIMPER TWR	118.625
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Quimper Pluguffan IROISE APP	119.575
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## Nearby beacons

<b>code</b>	<b>identifier</b>	<b>dist</b>	<b>bearing</b>	<b>frequency</b>
QPR	QUIMPER PLUGUFFAN VOR/DME	1	210.8°	117.80
RQ	QUIMPER NDB	7.1	91.7°	380
BST	LANVEOC POULMIC NDB	21.2	320.3°	428

BST	LANVEOC POULMIC TACAN	21.7	318.2°	114.70
GU	BREST NDB	30.5	347.6°	338
ARE	MONTS D'ARREE VOR	31.4	57.9°	112.50
LOR	LORIENT LANN BIHOUE NDB	32.1	105.9°	359
LDV	LANDIVISIAU TACAN	33.3	1.9°	115.15
OSA	OUESSANT NDB	46.2	298.9°	351
LN	LANNION NDB	56.5	49.3°	345

## Departure and arrival routes

Transition altitude 5000ft

<b>SID end points</b>		<b>distance</b>	<b>outbound direction</b>
RW09			
ARE1E		31.4	58°
KORE1E		69.6	100°
DEGE1E		43.2	103°
IDRI1E		31.1	125°
RW27			
ARE1W		31.4	58°
KORE1W		69.6	100°
DEGE1W		43.2	103°
IDRI1W		31.1	125°

<b>STAR starting points</b>		<b>distance</b>	<b>inbound direction</b>
ALL			
ARE5R		31.4	238°
ROSP5R		17.0	272°

## Holding patterns

<b>STAR name</b>	<b>hold at</b>	<b>type</b>	<b>turn</b>	<b>heading*</b>	<b>altitude</b>	<b>leg</b>	<b>speed limit</b>
ARE5R	RQ	FIX	right	94 (274)°	3000ft - 4000ft	1.0min timed	210
GU5R	RQ	FIX	right	94 (274)°	3000ft - 4000ft	1.0min timed	210
ROSP5R	RQ	FIX	right	94 (274)°	3000ft - 4000ft	1.0min timed	210

\*) magnetic outbound (inbound) holding course

## Disclaimer

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To be used with X-Plane simulation only